



AROUND THE HOUSE

JUNE 2018

NEWS FROM OUR FAMILY TO YOURS



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- Roof Repairs
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- Flat Roofs
- Shingle Roofs
- Energy Efficient Roofs
- Roof Diagnostics & Evaluation
- Ventilation
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The Origin of Father's Day

The campaign to celebrate the nation's fathers did not meet with the same enthusiasm as Mother's Day—perhaps because, as one florist explained, “fathers haven't the same sentimental appeal that mothers have.”

On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday.

The next year, a Spokane, Washington, woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents. She went to local churches, the YMCA, shopkeepers and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on June 19, 1910.

Slowly, the holiday spread. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button in Washington, D.C. In 1924, President Calvin Coolidge urged state governments to observe Father's Day.

Today, the day honoring fathers is celebrated in the United States on the third Sunday of June: Father's Day 2017 occurs on June 18; the following year, Father's Day 2018 falls on June 17.

In other countries—especially in Europe and Latin America—fathers are honored on St. Joseph's Day, a traditional Catholic holiday that falls on March 19.

FATHER'S DAY: CONTROVERSY AND COMMERCIALISM

Many men, however, continued to disdain the day. As one historian writes, they “scoffed at the holiday's sentimental attempts to domesticate manliness with flowers and gift-giving, or they derided the proliferation of such holidays as a commercial gimmick to sell more products—often paid for by the father himself.”

During the 1920s and 1930s, a movement arose to scrap Mother's Day and Father's Day altogether in favor of a single holiday, Parents' Day. Every year on Mother's Day, pro-Parents' Day groups rallied in New York City's Central Park—a public reminder, said Parents' Day activist and radio performer Robert Spere, “that both parents should be loved and respected together.”

Paradoxically, however, the Great Depression derailed this effort to combine and de-commercialize the holidays. Struggling retailers and advertisers redoubled their efforts to make Father's Day a “second Christmas” for men, promoting goods such as neckties, hats, socks, pipes and tobacco, golf clubs and other sporting goods, and greeting cards.

When World War II began, advertisers began to argue that celebrating Father's Day was a way to honor American troops and support the war effort. By the end of the war, Father's Day may not have been a federal holiday, but it was a national institution.

In 1972, in the middle of a hard-fought presidential re-election campaign, Richard Nixon signed a proclamation making Father's Day a federal holiday at last. Today, economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

Source: History.com

Inside This Issue:

- **Consider Hypnosis for Relieving Pain!**
- **Ditch the Hose for a Drip Watering System!**
- **Replace Your Sliding Glass Doors with a New, Energy Efficient Patio Door!**

Plus much, much more!!!

Fun Flag Facts to Flabbergast Your Friends this Flag Day (June 14th)

Betsy Ross is widely credited with designing the first American flag, but there is almost no evidence to support that claim. The only records of Ross' involvement came from her own grandson in 1870, when he presented the Historical Society of Pennsylvania in Philadelphia with affidavits from his own family members as evidence. Instead, many historians believe that Francis Hopkinson deserves the credit, because early journals from the Continental Congress are said to explicitly name him as the flag's designer.

Karen Burke of Walmart's Corporate Communications revealed that Walmart stores sold around 115,000 American flags on September 11, 2001, as compared to 6,400 flags on the same date in 2000. In the year following 9/11 (September 11, 2001, through August 19, 2011), they sold 7.8 million American flags as compared to 2.5 million the year before.

A 17-year old student designed the flag as it appears today. In anticipation of Alaska and Hawaii becoming states, Robert G. Heft created the 50-star flag as part of a history project (for which he received a B-) before submitting it to Congress for consideration. In August of 1959, President Dwight D. Eisenhower chose Heft's design over 1,500 other applicants and informed him of the news over the phone. (Heft's teacher also changed his grade to an A).

During the opening sequence (about 22 seconds in) of first-season episodes of "Gilligan's Island," the U.S. Flag can be seen flying at half-staff off in the distance. According to a 1994 audio book co-authored by Russell Johnson, who played the Professor, this is because the show's pilot episode finished filming on November 22, 1963 — the same day President Kennedy was assassinated.

Despite the harsh temperatures and conditions of the moon's atmosphere, five of the six flags that were planted during the Apollo missions are still standing. According to Buzz Aldrin, the one that fell was blown over by the exhaust from Apollo 11 during its liftoff from the moon's surface.

According to the U.S. Department of State, the names of the flag's official colors are "old glory red," "white," and "old glory blue." Their HTML codes and Pantone equivalents can be found on the Department of State's style guide.

Richard Williams, the animation director for "Who Framed Roger Rabbit," said that he modeled the title character's colors after Old Glory (red overalls, white fur, blue tie). "It looked like an American flag — subliminally speaking — so everybody liked it."

There are federal regulations governing the handling and display of the flag (the U.S. Flag Code), including restrictions on using the flag's likeness for advertising, or printing it on anything intended "for temporary use or discard," like cocktail napkins or paper plates. Under the Flag Protection Act of 1989, there are also federal laws that call for criminal penalties for certain forms of flag desecration, although the Supreme Court found this act to be unconstitutional under the First Amendment in 1990.

Old Glory was actually the nickname of a specific U.S. Flag, namely, the one owned by sea captain William Driver. He was previously given the flag by the women in his hometown of Salem, Mass., but he only named it Old Glory upon seeing it flying on his ship's mast in 1831. The name later went on to become synonymous with any American flag.



Just for Fun

ComParrot by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?

Solution: 1. Top tree left removed. 2. Nose line on left giraffe removed. 3. Shadow on lower left coconut removed. 4. Leaf vein below giraffe moved. 5. Ear line on left giraffe removed. 6. Bottom spot on right giraffe colored in. 7. Small leaf at right of tree colored in. 8. Horn on right giraffe moved. 9. Spot on left giraffe moved. 10. Branch on left side shorter. 11. Gecko tail longer. 12. Gecko eye missing.

Why did the cookie cry?

Precision Roof Crafters, Inc.

June Is:

- National Healthy Homes Month
- Alzheimer's Awareness Month
- National Homeownership Month
- Dairy Month
- National Adopt a Cat Month
- National Turkey Lovers Month
- National Fresh Fruits & Veggies Month
- Candy Month
- Fight a Filthy Fly Month

You are Getting Very Sleepy: Hypnosis for Pain

Hypnosis has slowly gained acceptance for treatment of a number of conditions, particularly for various types of pain according to the Mayo Clinic. It has been shown to help relieve pain associated with childbirth, burn wounds, surgical operations, and dental procedures.

For people who can't take pain medications, it can be especially helpful. Other kinds of pain, such as chronic pain associated with tension headaches, cancer, irritable bowel syndrome, jaw joints, and nerves may be improved using hypnosis. Chronic pain, however, may require repeated sessions to be effective.

It's not clear exactly how hypnosis works. It is an altered state of consciousness, or trance, in which the patient has focused attention and has a heightened ability to respond to helpful suggestions.

Hypnotic states also occur naturally, such as when you are engrossed in a book, daydreaming, or performing a monotonous activity. To build a hypnotic state, a psychologist or psychiatrist explains the process and guides you to relax, let go of any fear, and focus on instructions.

You May Think You Want That, But ...

If you're buying a home and find one you like, but it doesn't have all the features you want, consider this: Some modern features have drawbacks. For example, one real estate agent has these comments.

Eating bars. Think of Joe's Diner or Denny's. Do you see people on the stools having a conversation? Anyone who isn't dining alone wants a table.

If the bar takes the place of a big kitchen table, it will be less convenient for more than one person to read the newspaper or spread out the mail, especially if a child is doing homework there at the same time.

Cooking islands. They require aisle space on every side. And everything you cook has to be carried across an aisle from a kitchen counter.

Fireplaces. They've been around for thousands of years but have never been a practical heat source. Many are fired by gas, which means they don't have the crackling charm of yesteryear.

Building contractors feature fireplaces in their new homes as status symbols. Their ads say things like, "four bedrooms three baths, two fireplaces."

Whirlpool tubs. They are therapeutic for people with joint problems. For everyone else, the gas bill might be too high since they require a great deal of hot water, sometimes up to 80 gallons.

Double entrance doors. Movies show the hero throwing open a double door to make a dramatic entrance. But almost everyone who has a double entry door keeps one side of it locked for security purposes. That means the door being used every day is narrower than the average single door.

A Little Drip'll Do Ya'!

If you like plants but don't like struggling with the hose, a drip watering system could save you the hassle. It will save water as well.

You can make a system with soaker hoses. The soakers are made of flexible plastic tubing with small prepunched holes at spaced intervals. As water passes through the hose, some of it drips out onto or near to the roots of your plants or flowers.

To use the inexpensive soakers, lay out one or more in the garden beside plants. For a new garden, place them about an inch below the ground and cover the ground with mulch. Because the soakers are flexible, they can be placed in straight rows or in circles around various plants.

When you want to shorten a hose, just cut it with a scissors and close off the end with a hose clamp.

When you first begin using the system, watch for over watering. Use a timer to determine how long and how often you need to water.

Sandier soils require more watering than heavier soils or soils that contain clay. If there has been a good, soaking rain, you may not need to water for several days.

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3			2		4	7	9	1

How to Solve Sudoku Puzzles

No math is required to solve a Sudoku. You only need logic and patience.

Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only appear once in a column or row in the larger grid.

The difficulty rating on this puzzle is easy.

WE WELCOME THIS MONTH'S NEW CLIENTS TO THE "PRECISION ROOF CRAFTERS" FAMILY

Here are some of our new clients that became members of the "Precision Roof Crafters' Family" this past month. I'd like to welcome you and wish you all the best!

Dee Dee O., Houston * Cheryl W., Houston * Steve H., Houston * Burton C., Houston * Cliff B., Houston

Nabil H., Richmond * Bowie H., Houston * Amy H., Houston * David R., Houston * Chris S., Katy * Jeff A., Houston

We are giving recognition to our new clients and our superb friends who are kind enough to refer their neighbors and relatives to us.

Chase the Blues Away with a Green Thumb

If you have a small patch of earth, a patio or balcony where a flower pot can stand, or a windowsill, you have an opportunity to improve your health.

The American Horticultural Therapy Association tells of such benefits as lower blood pressure, lifting of depression or mood, faster wound healing, and increased bone density that tending plants or a garden can bring.

They say human beings have a genetic-based evolutionary need for plants being around them. Increasingly, health care centers and hospitals have incorporated green spaces, gardens, and indoor plants into their buildings.

But you don't have to go to a hospital to reap the benefits. Working with flowers and plants can be more attractive to people than walking on a treadmill or doing therapy.

At Gardening for Good in Westport, Mass., they recommend focusing on the smells, colors, and textures of leaves and flowers. Specific plants have specific benefits. Peppermint is energizing and reviving. Lavender is calming. Pansies bring brightness after the winter.

Coleus has foliage of brilliant green, magenta, and purple. Touching its leaves is calming. Rosemary does well on a windowsill, and you can enjoy the fragrance that stays on your hands.

Experts recommend starting small if you haven't had a garden before. A container garden can keep you engaged while tending it, and you won't be overwhelmed with the work a large vegetable garden will bring.

Some say just the rhythm of seasonal plants and knowing when they will bloom is very satisfying.

If you have outdoor lamps or other outdoor lighting fixtures, you know what a pain it can be to clean them.

Instead of trying to delicately maneuver your hand into the glass and getting a sore wrist, try this cleaning method:

If you don't already have one, pick up a 2-inch foam brush at your local home improvement store. Spray glass cleaner onto your fixtures and, using your foam brush, scrub the lamp glass clean! This technique will make it easy for you to give your fixtures a beautiful sparkle and shine!

Open a New (Patio) Door!

Have you been thinking about replacing your old sliding glass patio door? Even without considering style, there is another good reason to do it.

Standard double-pane glass patio doors can be one of the biggest energy wasters in a home. Air leakage around the door is usually the cause. In summer, warm moisture-laden air leaks indoors through it.

New doors have a lot of great features. The energy efficiency of the glass is as high as R-10 and airtightness is higher than ever. Airtightness also reduces noise from the outside. The security of patio doors, a common target of thieves, has improved significantly.

French-style doors have wider rails and stiles on the door frame. The doors are strong and a lot like double-hinged ones. Optional matching grids can be added for more style.

When selecting a door, remember that the strength of the frame is important. Material options for the frame include fiberglass, vinyl, wood, aluminum, and vinyl- or aluminum-clad wood.

Fiberglass is one of the best materials. It is made with a process that combines long glass fibers with resins to create an almost indestructible frame for the glass. Some can be purchased with an oak veneer over the fiberglass.

Vinyl is a low-maintenance material. Its color goes completely through the frame, which means it looks good in spite of small scratches. Vinyl or aluminum cladding over a wood frame minimize maintenance.

Select double-pane low-e glass for hot climates. It can be tinted as well. For cold climates, triple-pane low-e glass with krypton gas is best.

A multipoint lock feature is recommended for added security.

Turkey Posole

Ingredients

- 3 tablespoons olive oil
- 2 yellow onions, cubed
- 2 fresh poblano chili peppers, seeded and cut into ½ inch strips
- 2 cloves garlic, minced
- 2 quarts turkey broth
- 4 cups cubed cooked turkey
- 1 (4 ounce) can chopped green chili peppers
- 2 (15 ounce) cans cannellini beans, drained and rinsed
- 2 (15 ounce) can white hominy, drained
- 1 tablespoon chili powder
- 2 tablespoons dried oregano
- Water
- Salt and pepper to taste



Directions

1. In a large Dutch oven, heat oil over medium heat. Cook onions and poblano chilies in oil until soft. Stir in garlic, and cook for one or two minutes. Season with chili powder, cumin, and oregano.
2. Stir in turkey broth, cooked turkey, canned green chili peppers, cannellini beans, and hominy. Stir in water if more liquid is needed to just cover everything in the pot. Season to taste with salt and pepper. Bring to a boil, then reduce heat to low, and cover. Simmer, stirring occasionally, for about an hour to blend flavors.

Source: Allrecipes.com

Matzo Candy



- 12 matzo crackers
- 1 cup butter
- 1 cup brown sugar
- 1 (12 ounce) bag semisweet chocolate chips
- 1 cup chopped walnuts

1. Preheat an oven to 350 degrees F (175 degrees C). Line two baking sheets with aluminum foil. Place the matzo crackers in a single layer on the lined baking sheets, breaking to fit, if necessary.
2. Bring the butter and brown sugar to a boil in a heavy bottomed saucepan over medium heat. Continue to cook, stirring constantly, until thick and smooth, about 3 minutes. Pour the hot sugar mixture over the matzo, and spread evenly with a heat proof spatula.
3. Place the caramel topped matzo in the preheated oven for 10 minutes. Remove from oven and evenly sprinkle the chocolate chips on top. Return pans to oven to melt chocolate, about 1 minute. Smooth melted chocolate to completely cover the caramel. Sprinkle with the chopped walnuts. Chill in refrigerator for 20 minutes, or until set. Break into small pieces to serve.

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Client of the Month!

Every month we choose a Precision Roof Crafters' Client of the Month. It's just our way of saying thanks and giving a little recognition to our good friends and clients who help support us!

This month's client of the month is **The Maddon Family of Houston!** Congratulations! **And thank you for referring us to your friends and family!!!**

You too can be the client of the month too! Watch for your name here in an upcoming month!

SEND A REFERRAL: GET A PRIZE

For every referral you send our way that becomes a client, you will receive a gift from our company:

"A \$25 Pre-Paid American Express Gift Card"

By referring your family, friends & neighbors, you've helped our business grow. Offering these special rewards is our way of saying, **"Thank you, you're the best!"**

Without you, we couldn't do what we do. To take advantage of our Referral Reward Program, just fill out the enclosed referral sheet and either fax or send it in. That's all there is to it!

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If you use this form, we will be able to make sure you get credit for all of your referrals when they become clients. If you have any questions, just give us a call at (insert your phone number).

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City, State, Zip _____

Home Phone _____

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Address _____

City, State, Zip _____

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Yes! Feel free to use my name as a reference when you contact the referrals!

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4	3	6	9	2	8	1	5	7
9	1	2	5	4	7	6	3	8
5	9	1	7	6	3	8	4	2
7	2	4	8	1	9	3	6	5
3	6	8	2	5	4	7	9	1

Riddle Answer:

Because his dad was a wafer so long!

Precision Roof Crafters, Inc. Money Saving Coupon

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